Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Saturday 21 May 2022 until 23:59 on Sunday 22 May 2022

Forecast Issued on Saturday 21 May 2022 at 03:25 by Met Office Aberdeen

Confidence: High confidence for changeable weather through the next five days. Medium for details of rain and cloud from Sunday.

Headline for Saturday 21 May 2022: Mostly cloudy with showers then longer spells of rain later. Strong southwesterly winds at height.

Mountain weather hazards on Saturday 21 May 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** Medium Likelihood	**Poor visibility** Medium Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Cloudy	Light rain	Light rain	Heavy rain showers	Heavy rain showers
Precipitation probability					
30%	30%	30%	40%	40%	80%

Forecast for Saturday 21 May 2022

Weather: A mixture of showers and clear spells overnight. A few bright spells to start, then showers becoming more scattered towards midday and becoming increasingly cloudy. Showers merging into longer spells of rain later in the afternoon, especially across Wester Ross and Lochaber, though ranges towards Moray coasts staying drier.

Chance of cloud-free hill tops above 800m: 60% early hours and morning. Lowering 40% in the afternoon and 10% in the evening. Best chances will be across the north and northern hills towards Ben Hope with limited chances south of Skye to Glen Affric.

Low cloud and visibility: Occasional low cloud above 700 m in the early hours and morning, lowering 500 m later in the afternoon and evening, mainly south and west. Good visibility lowering moderate in showers. Moderate visibility in rain later, occasionally poor. Very poor visibility within cloud.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Saturday 21 May 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	32/37 SW	30/36 SW	28/36 SW	25/32 SW	27/34 SW	26/33 S	32/41 S
900	30/36 SW	29/36 SW	27/35 SW	23/31 SW	25/33 SW	24/30 S	30/38 S
600	23/28 SW	23/29 SW	21/29 SW	18/26 SW	19/26 SW	17/24 S	21/29 S
300	6/28 SW	8/28 SW	9/29 SW	7/25 SW	6/24 SW	3/21 S	6/28 S
Glen	10/20 SW	13/24 SW	13/25 SW	12/23 SW	10/21 SW	10/22 S	13/28 S

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/-4	3/-4	4/-2	4/-2	4/-2	5/-1	5/-0
900	4/-3	4/-3	5/-1	5/-1	5/-1	5/0	6/1
600	6/1	6/1	7/3	7/3	7/3	7/3	8/4
300	9/7	10/8	10/8	10/8	10/8	9/8	10/8
Glen	11/9	12/10	12/10	12/10	12/10	11/9	12/10
Freezing Level*	1400m	1400m	1500m	1600m	1600m	1900m	2000m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing to add.

Forecast for Sunday 22 May 2022
Weather: Outbreaks of rain or showers for much of the day with low cloud at times. Drier evening with the odd bright spell possible. Strong southerly becoming westerly winds and easing.

Maximum wind: Southerly becoming westerly, 20-25 mph gusting 35-40 mph.

Chance of cloud-free hill tops above 800m: 30%. Best chances later in the day.

Low cloud and visibility: Widespread low cloud above 500 m in the morning, especially in the west, becoming more occasional later as it lifts and breaks a little. Very poor visibility within cloud, otherwise good occasionally poor in rain.

Temperature: **Glens:** Plus 11 Celsius becoming plus 13 Celsius.
At 800m: Plus 5 Celsius.
Freezing level: Above summits.

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